

# St Andrew's Chaplaincy

Newsletter January 2020



## Welcome

Happy New Year & Welcome to our  
first Newsletter of 2020!

For most of us, life is getting back to  
'normal'. Decorations have come

down – or if you're following the more Spanish custom,  
are slowly being taken down following the 6th of  
January Epiphany celebrations.

Perhaps you have made a New Year resolution or two -  
that may or may not be holding firm by the end of the  
month! Others have made 'dry-January' promises and  
for some smaller meals are being prepared. Yet in  
Church there are still signs of Christmas being  
celebrated, with the Crib figures being kept in place and  
we are now keeping Sundays of Epiphany, to mirror the  
40 days of our Easter celebrations. Finally ending with  
our celebration at Candlemas, or the Presentation of the  
Lord on 2nd February.

The beginning of a New Year offers each of us new  
opportunities and hope – both as individuals and as a  
Church community. So let us have a common New Year  
Resolution for 2020: to work together to build up the  
congregations in our Chaplaincy, to make them truly  
welcoming, attractive and inclusive communities, so that  
others will want to join us as we journey together in faith  
this year.

Hope for the New Year:

*'Every day Christ's Kingdom may be carried forward by  
the men and women of hope, for hope is the strong  
awakening from the spells of discouragement and  
listlessness of despair. It is the refusal to be weighed  
down and depressed by evil; a refusal because it is not  
right to indulge in the melancholy pleasure of looking at  
the dark. Hope calls us to the light as hope fights with  
such power on the side of God. For it not only receives,  
not only welcomes, not only trusts in God's promises,  
but it throws them into light and reality - so that they  
become not words, but things of substance.'*

(George Congreve, SSJE 1835-1918)

Fr Nigel

## Just a thought...



A friend recently sent me this prayer, which is used at  
the annual Covenant Service of the Methodist Church,  
which is a call to celebrate all that God has done for us,  
affirming that we give our lives and choices to God. It is  
a good prayer for us all at the start of a New Year.

I am no longer my own but yours.  
Put me to what you will, rank me with whom you will;  
put me to doing, put me to suffering;  
let me be employed for you, or laid aside for you,  
exalted for you, or brought low for you;  
let me be full, let me be empty,  
let me have all things, let me have nothing:  
I freely and wholeheartedly yield all things  
to your pleasure and disposal.  
And now, glorious and blessed God,  
Father, Son and Holy Spirit,  
you are mine and I am yours. So be it.  
And the covenant now made on earth,  
let it be ratified in heaven.'

(The Methodist Covenant Prayer)

## Sign up to receive pew sheets

To improve communication and to keep you informed about what's happening on a weekly basis, it is now possible to subscribe to our weekly pewsheets.

So if you miss a Sunday, travel, work or are a Swallow you can still stay in touch with what's going on!

To subscribe, simply send an email to [CdSEpewsheets@gmail.com](mailto:CdSEpewsheets@gmail.com)

## Do you have an email address? Sign up to receive our newsletter by email...

To receive this Chaplaincy Newsletter in the future via email please go to our website

[www.st-andrewscofe-spain.org](http://www.st-andrewscofe-spain.org)

and at the base of every page you will see a link to click to take you to our subscription form.



Once you have signed up you will receive the newsletter in an email, this being the most cost effective way for the chaplaincy to distribute the newsletter and keep in contact with you. Please also encourage your friends to subscribe.

*There will still be a limited number of printed copies of the Newsletter available for those who do not have email.*

## Looking after God's Creation



**Confused about what plastic can be recycled in Spain?**

**In the UK there are very limited recycling opportunities for plastic, so you may be surprised at how much of your plastic 'rubbish' can go into the yellow bins in Spain to be recycled. The signage is very poor on these yellow recycling bins, so we can be left floundering.**

Thick plastic packaging to thin flimsy bags can go in the yellow bin as well as plastic bottles.

But how do you know what can be recycled? The labeling can be confusing with several so-called recycling symbols on packaging.

A lot of us think the two-arrow yin yang type symbol means that item can be recycled. Not necessarily so. The symbol only means that the producer is doing something about the waste it creates.

The key recycling logo to look for is one that shows a recycling bin with the words *recicla*. Often the bin shown will be yellow.



*A lot of us think the two-arrow yin yang type symbol means that item can be recycled. Not necessarily so. The symbol only means that the producer is doing something about the waste it creates..*

But items don't have to have this yellow bin logo to be recycled. Similar products can also go in, and remember a lot more can be recycled than in the UK.

Here's a quick list of everyday plastic items that can be recycled:  
Plastic bottles – drinks, water, safe cleaning products, sauce or other food stuffs.

**Plastic bags** of all sorts.

**Plastic packaging** - thick wrapping materials, light plastic, cling film.

**Yoghurt and other food pots.**

**Food wrappers** - crisp, sweets, confectionery.

All items should be clean especially, packaging used for food. It does not have to be sterile - a good rinse at the end of washing up is enough.

But remember recycling is a last resort. Reducing consumption needs to be the priority if we are going to have a significant impact on the natural world.

A thought provoking report on plastic: <https://twostepsfreelance.com/2019/06/26/plastic-is-not-fantastic/>



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# Christmas at St Andrew's Chaplaincy

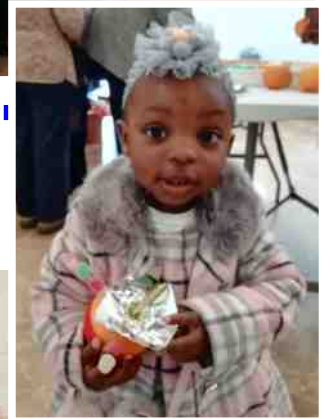
Advent



Carol Service at Alhaurin



Christingle at Alhaurin



# Dates for your diary

**Calahonda Coffee Mornings** every Tuesday 10.30am at Los Olivos Café

**Los Boliches' Coffee Mornings** every Wednesday 10am - 12:15pm

**BIBLE STUDY in Alhaurin** starts at Marjorie's on Thursday 23rd Jan 3.00pm. Fortnightly thereafter

**BURNS NIGHT** Friday 24th January 2020. 7.00 for 7.30 pm Saint Andrew Community Centre Los Boliches. Tickets €35.00 from Billy Dawson on 952 375 708 or email [billy@cancuca.com](mailto:billy@cancuca.com)

**GUITAR RECITAL** on 21st February 2020 7:30pm at Los Boliches organised by The Hammonds. Matt McGurk Playing traditional & modern Spanish guitar music. There will be a Bar and a raffle. Tickets are 15 Euros and include Tapas to be served during the interval. Tickets are available from all worship centres, or by phoning 952 49 41 84 or 609 51 01 31

*Look out for more details at our four worship centres, on our facebook page and on our website*

[www.st-andrewscofe-spain.org](http://www.st-andrewscofe-spain.org)



**Burns Night**  
Friday  
24th January 2020  
7:00pm for 7:30pm

St Andrew's Church Hall,  
Los Boliches

Tickets  
**€35**  
available from  
Billy Dawson  
[billy@cancuca.com](mailto:billy@cancuca.com)  
952 375 708



**Guitar Recital** **Friday 21<sup>st</sup>**  
**Matt McGurk** **February**  
Playing traditional & modern Spanish guitar music **7:30pm**

**At St Andrew's Church, Los Boliches**

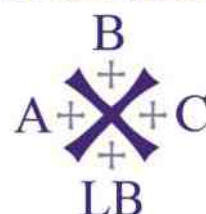
There will be a bar and raffle  
**Tickets are 15 Euros** and include Tapas to be served during the interval

Tickets available from worship centres or phone  
**952 49 41 84 or 609 51 01 31**  
All proceeds for Chaplaincy Funds  
The Anglican Chaplaincy of St Andrew  
Costa del Sol East



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The Anglican Chaplaincy  
of Saint Andrew



Costa del Sol East

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Di Mather

[www.st-andrewscofe-spain.org](http://www.st-andrewscofe-spain.org)

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